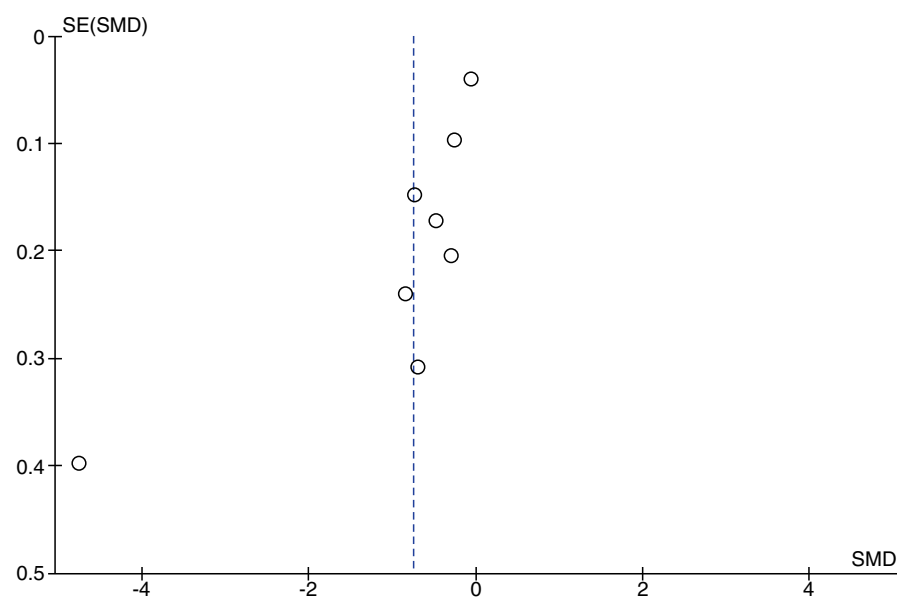


Effectiveness of Emotional Regulation Intervention on Depression for Adolescents and Young Adults: A Systematic Review and Meta-Analysis

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S1: Risk of bias assessment.

Study	Randomization Process	Bias Arising from Period and Carryover Effects	Deviations from Intended Interventions	Missing Outcome Data	Measurement of the Outcome	Selection of the Reported Result	Overall Bias
Ritvo <i>et al.</i> (2021)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Nagamitsu <i>et al.</i> (2022)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Moran <i>et al.</i> (2024)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Lee <i>et al.</i> (2020)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Klim-Conforti <i>et al.</i> (2021)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Ramdhonee - Dowlot <i>et al.</i> (2021)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Loucks <i>et al.</i> (2020)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Löchner <i>et al.</i> (2021)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Lindqvist <i>et al.</i> (2020)	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk



S2: Funnel plot.